

//
//

()

E

*

E

(mg/d)

(mg/d)

(mg/d)E

E

E

HDL-C LDL-C

HDL-C

Lp(a) apoB100 apoAI LDL-C

E

Lp(a)

E

hadtabibi@yahoo.com :

:(

()

VLDL IDL

Lp(a) ox-LDL small dense LDL

apoAI HDL-C

LDL-C

E

()

HDL-C

LDL-C/HDL-C

E

(-)

()

E

E

()...

(.)

()

()

(.)

LDL
 Radox
 LDL HDL
 E
 (Bromcresol green)
 apoAI
 Lp(a) apoB 100
 Cobas Mira
 BHT % / n E
 / :
 / :
 n E
 % % E
 nm HPLC
 (.)
) E
 (α)
 ()
 (E)
 E
 (MUFA) Monounsaturated Fatty Acid
 HDL

(PUFA) Polyunsaturated Fatty Acid

E

Food Processor II

Bonferroni (ANOVA)

BMI

± ± ±

Adjusted Bonferroni

(ANCOVA)

E

()

PUFA MUFA

ANOVA

()

E

Levene

()

(BMI) Body Mass Index

()

Tamhane

Levene

Bonferroni

(P< /)

()

() (P< /)

(Kruskal-Wallis)

E

()

(Friedman)

E

(P< /)

E

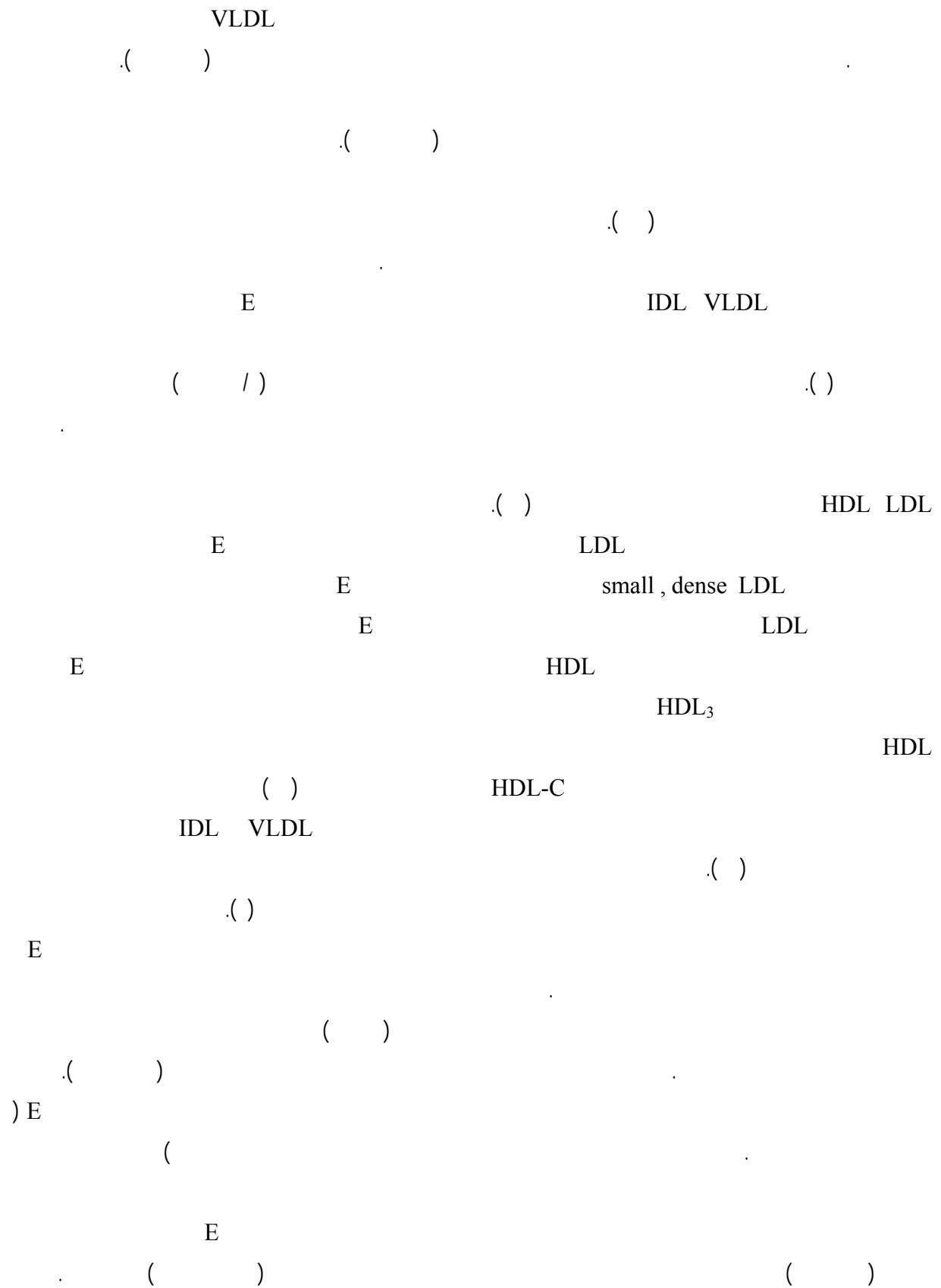
			BMI	()
			()	
±	±	±		
±	±	±	(kg)	
/ ±	±	±		
±	±	±	BMI	E
±	±	±	(kg/m ²)	
± ^a	±	±		
±	± ^a	±		(P< /)
±	±	±	(kcal)	
±	±	±		()
±	±	±	(gr)	
±	±	±		(% /)
±	±	±	(gr)	(%)
±	±	±		()
±	±	±	(gr)	
±	±	±		LDL-C
±	±	±	(gr)	
±	±	±		()
±	±	±	(gr)	HDL-C
±	±	±		E
±	±	±	(gr)MUFA	
±	±	±		() (P< /)
±	±	±	(gr)PUFA	HDL-C
±	±	±		
±	±	±	(mg)	(%)
±	±	±		
±	±	±	E	E
±	±	±	(mg)	(%) /
±	±	±		
:			a	HDL-C
			P< /	/
				()

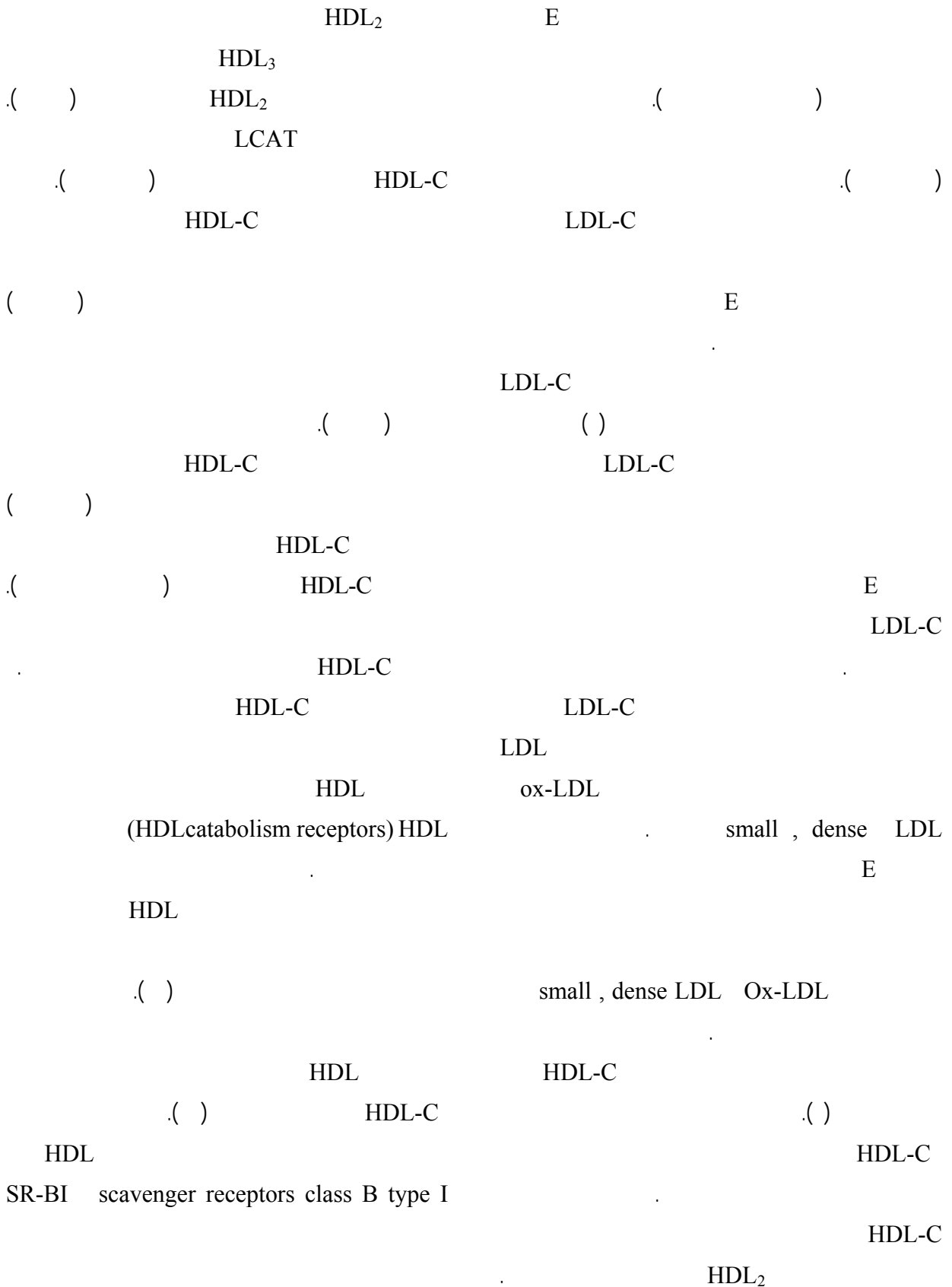
Lp(a)			E		
()			()		
apoAI (mg/dl)			E (μg/ml)		
±	±	± /	± /	± /	± /
±	±	±	± /	± /	± /
±	±	±	± ^{a,b}	±	± ^{a,b}
apoB100 (mg/dl)			(mg/dl)		
±	±	±	±	±	±
±	±	±	±	±	±
±	±	±	± ^b	±	±
Lp(a) (mg/dl)			(mg/dl)		
±	±	±	±	±	±
±	±	±	±	± /	±
±	±	±	±	±	±
(g/dl)			LDL-C (mg/dl)		
/ ± /	/ ± /	/ ± /	±	±	±
/ ± /	/ ± /	/ ± /	±	±	±
/ ± /	/ ± /	/ ± /	±	±	±
			HDL-C (mg/dl)		
			± /	± /	± /
			± ^c	±	± / ^c
			/ ± ^c	± /	± ^c
			LDL-C / HDL-C		
			/ ± /	/ ± /	± /
			/ ± / ^b	/ ± /	± /
			/ ± / ^c	± /	/ ± /

P < / : a
P < / : b
P < / : c

LDL-C/HDL-C

() (P < /)
(P < /)
Lp(a) apoB100 apoAI
()





HDL ()
SR-BI

HDL
HDL

apoAI (reverse cholestrol transport)

apoAI () HDL
apoB100 HDL-C

E () HDL
E HDL-C

apoB100 apoB100 / ()

Lp(a) E
() E

Lp(a) LDL-C/HDL-C

Lp(a)

Lp(a) HDL-C
apo AI

Lp(a) Lp(a) E HDL-C

()
) Lp(a) apo AI
(E

(IL-6)

()

()

Lp(a)

()

Lp(a)

E

HDL-C

LDL-C/HDL-C

()

E

Lp(a)

HDL-C

)

LDL-C/HDL-C

Lp(a)

(

E

()

E

Shoji

E

(Niceritrol)

Lp(a)

Lepre

Tri-B3

()

Lp(a)

Goldberg

()...

(Niaspan)

()

Lp(a)

Lp(a)

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