

// ()
 / / , ,
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:

Paired t-test

()

$\pm$ $\pm$ $\pm$ / :

(P = /) $\pm$ $\pm$ LDL (P < /)

LDL-C/HDL-C (P = /) $\pm$ $\pm$

(P = /) / $\pm$ / / $\pm$ / Total Cholesterol/HDL-C (P < /) / $\pm$ / / $\pm$ /

(P = /) $\pm$ $\pm$

BMI

:

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%

(.))

(

) (.) (.)

) (E MUFA

LDL

(.)

)

(

(.)

LDL

) MUFA

HDL

(

veno ject

Antecubital

(.)

LDL

SRB HDL LDL
Auto Analyzer (Vita Lab)
(Selectra2, Finland)

LDL

before - after

Modified Fried wall

Modified Fried wall formula:

$$LDL-C = Total\ Cholesterol - (HDL-C + Triacylglycerid/6.25)$$

(Intra assay)

) HDL LDL
(/ / / /
()

HDL LDL
)
(

BMI
SPSS
Paired t-test version 10
Linear Regression

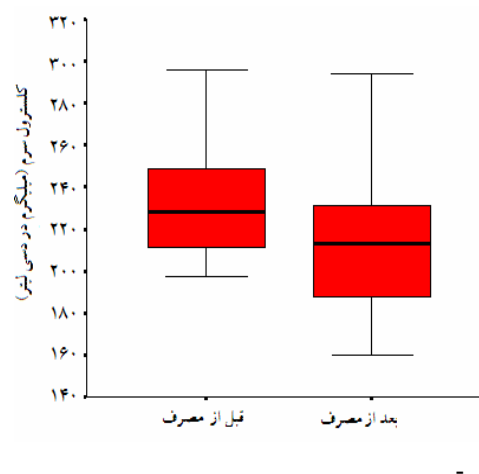
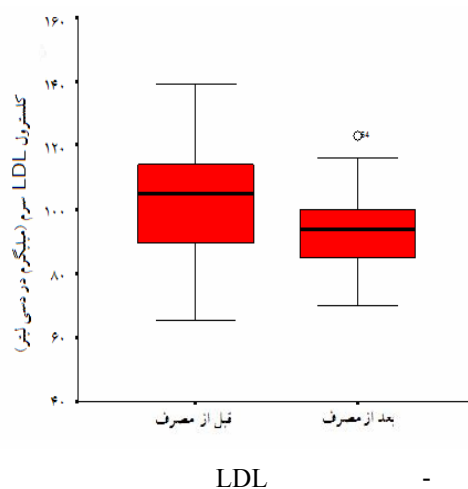
()
 $\pm /$ ()
) $\pm$ / /
/ $\pm /$ BMI (BMI
BMI :

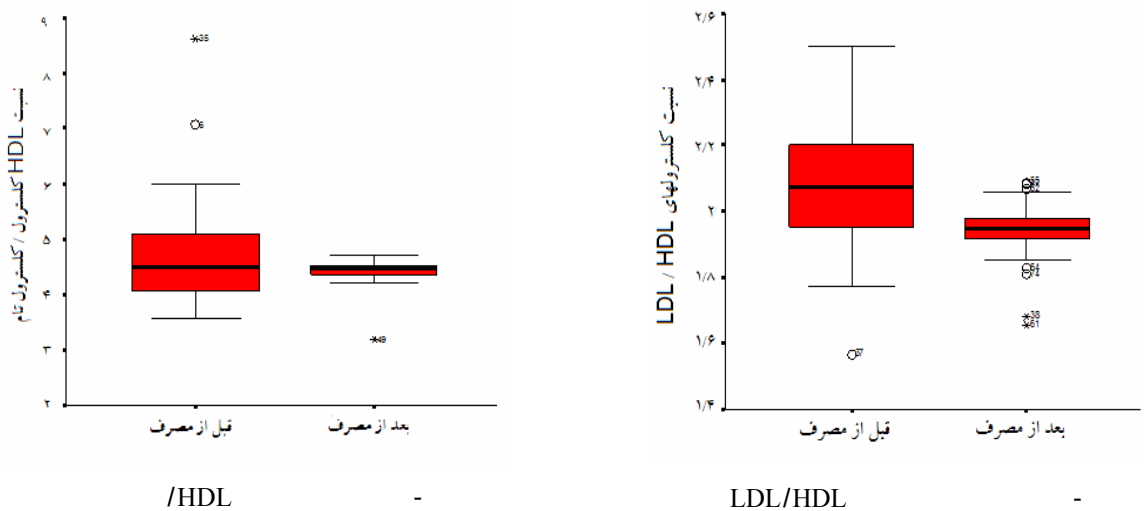
HDL BMI
(
(P< /) % / () LDL
(P= /) /
(P= /) /
()
(P< /)

C16: 0	/
C18: 0	/
C18: 1c	
C18: 2c	/
C20: 0	/
C22: 0	/
C24: 0	/

[illegible]

P=	/	/	/	/ ± /	/ ±	(kg)
P=	/	/	/	/ ± /	/ ± /	(kg/m²) BMI
P<	/	/	/	/ ± /	/ ± /	(mg/dl) LDL
P=	/	/	/	/ ± /	/ ± /	(mg/dl) HDL
P=	/	/	/	/ ± /	/ ± /	(mg/dl)
P=	/	/	/	/ ± /	/ ± /	(mmhg)
P=	/	/	/	/ ± /	/ ± /	(mmhg)





HDL		LDL		
↓ / , P= /	NS	↓ / , P= /	↓ / , P< /	n=
↓ / , P= /	NS	↓ / , P< /	↓ / , P< /	n=
NS	NS	NS	NS	()
HDL				
NS	↑ / P= /	↑ / , P= /	NS	n=
NS	↓ / P= /	↓ / , P< /	↓ / , P< /	n=
NS	P< /	P< /	NS	(HDL)
↓ / , P= /	NS	↓ / , P= /	↓ / , P= /	n=
P= /	NS	NS	↓ / , P< /	n=
		NS	P= /	()

$$\begin{aligned}
 &= - / + (\quad * /) \\
 \text{LDL} &= - / + (\text{LDL} \quad * /) + (\text{BMI} * /) \\
 \text{HDL} &= - / + (\text{HD} \quad * /) - (\quad * /) \\
 &= / + (\quad * /) - (\quad * /)
 \end{aligned}$$

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)

●

LDL

●

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/

$$\cdot(\cdot) \quad \text{LDL}$$

.()

/

.()

HDL

)

 $\cdot ()$

)

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