

Arthroscopic Mumford

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Arthroscopic mumford

conservative

Range of motion

Arthroscopic mumford

paired-t test

McNemar

/

ROM

(P < /)

Internal rotation

Abduction Flexion

(P < /)

External rotation

Arthroscopic Mumford Procedure :



(Acromio clavicular) AC

diarthrodial

()



() .()

.() Impingement AC

AC ()

Flatow .()

.()

/

.()

NSAID

(labrum) .()

AC

.() MRI

AC

.()

.() AC Flexion Range of motion

Abduction

burr Internal rotation

.() External rotation

Snyder mumford

.() ()

.() % % .()

Snyder mumford

AC

() Snyder .()

(%)

AC

.()

AC open

AP)

(Tangential view

()

AC

()

DJD

beach chair

• (MRI)

$\frac{1}{1000}$

()

()

Flexion (ROM)

External rotation Internal rotation Abduction

()

resect

Internal rotation Abduction Flexion

External rotation

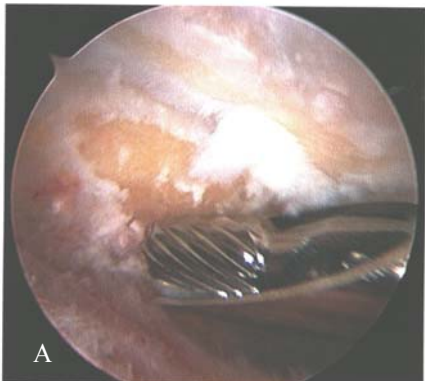
AC

()

()

(G A)

ROM

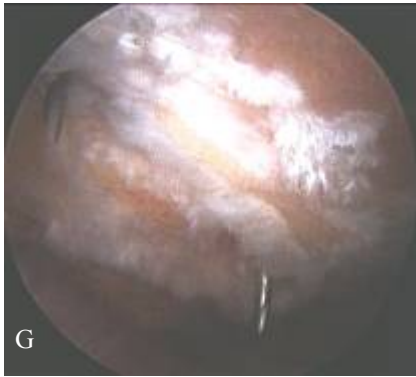


DJD AC

AC

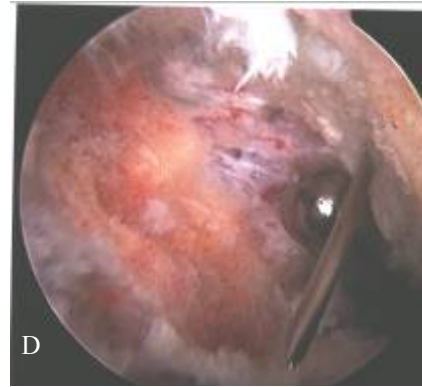
Impingement

positive abduction sign



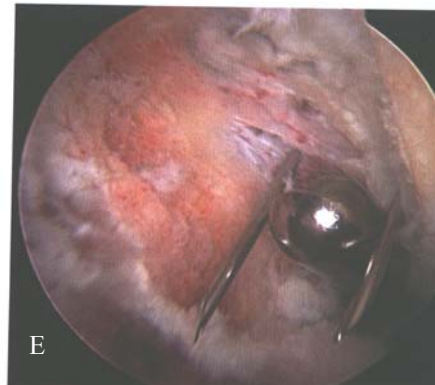
(E A)

(G F) AC



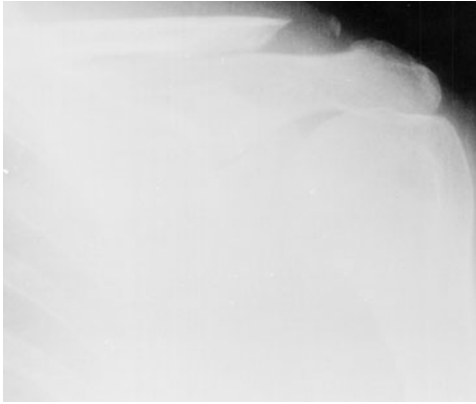
AC

expose



AC

/



(Type Ia)



(Type Ib)

Forward elevation Adduction

AC

ROM

sling

Pendulum

pulling overhead lifting

Abduction pillow

.()

Rom

(strength)

ROM

paired-t test

McNemar



spike

lateral spike

(type II)

(/)

(/)

/ cm

AC

Flexion

Internal rotation

Abduction

External rotation

/

(/)

/

External rotation

/

(/)

paired-t test

Type Ia

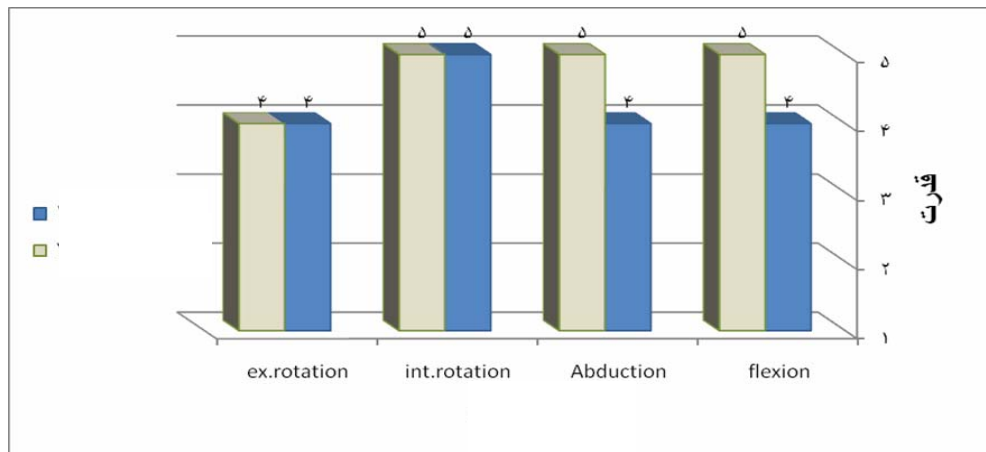
(P < /)

Type Ib

(/)

ROM

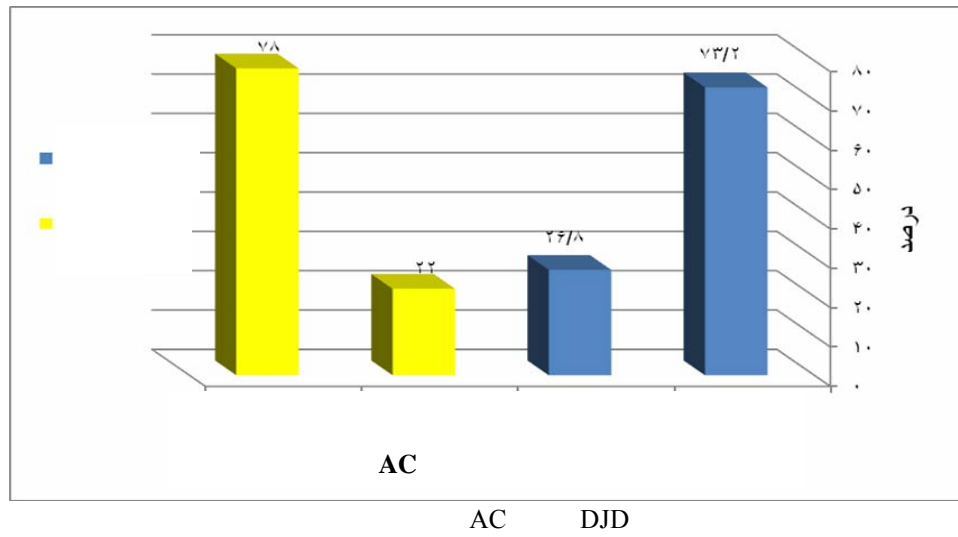
	degree	degree	
+	(- °)	(- °)	Flexion
+	(- °)	(- °)	Abduction
/ +	(- °)	(- °)	Internal rotation
/ +	(- °)	(- °)	External rotation



McNemar

($P < /$).

AC		
(%)	(%)	(%)
()	()	()
()	()	()
()	()	()



AC

()

AC

()

AC

()

MRI

ROM

()

() ()

() motion

ROM

(mumford)

ROM

ROM

ROM

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