

//
//

()

E

*

E

(mg/d)

(mg/d)

(mg/d)E

E

E

HDL-C LDL-C

HDL-C

Lp(a) apoB100 apoAI LDL-C

E

Lp(a)

E

hadtabibi@yahoo.com :

:(

()

VLDL IDL

Lp(a) ox-LDL small dense LDL

apoAI HDL-C

LDL-C

E

()

HDL-C

LDL-C/HDL-C

E

(-)

()

E

E

()...

(.)

()

()

(.)

LDL
 Randox
 LDL HDL
 E
 (Bromcresol green)
 apoAI
 Lp(a) apoB 100
 Cobas Mira
 BHT % / n E
 / n E
 nm HPLC
 ()
) E
 (α)
 ()
 E
 (MUFA) Monounsaturated Fatty Acid
 HDL

(PUFA) Polyunsaturated Fatty Acid

E

Food Processor II

Bonferroni (ANOVA)

BMI

± ± ±

Adjusted Bonferroni

(ANCOVA)

E

()

PUFA MUFA

ANOVA

()

E

Levene

()

(BMI) Body Mass Index

()

Tamhane

Levene

Bonferroni

(P< /)

()

() (P< /)

(Kruskal-Wallis)

E

()

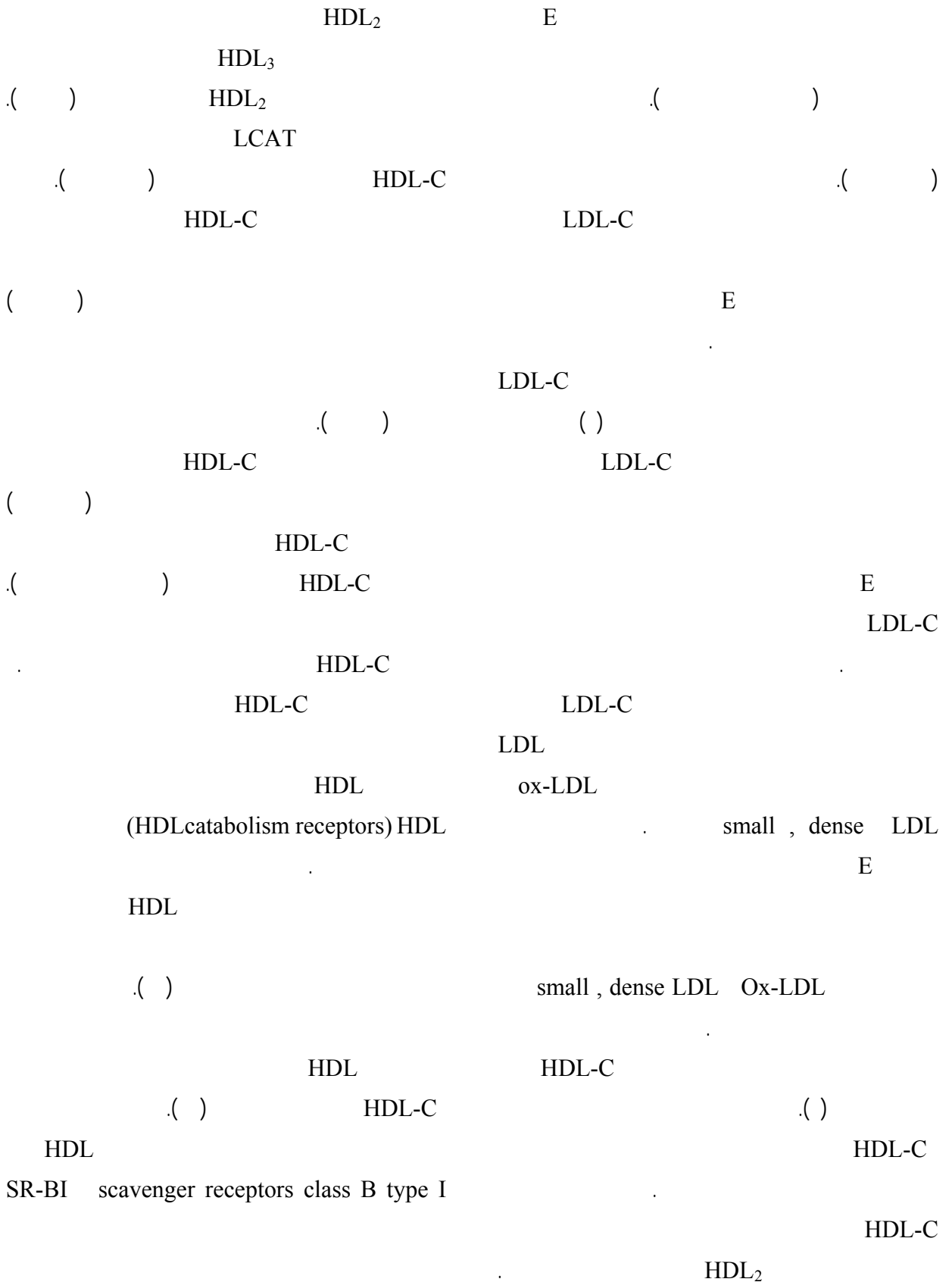
(Friedman)

E

(P< /)

E

			BMI	()
			()	
±	±	±		
±	±	±	(kg)	
/ ±	±	±		
±	±	±	BMI	E
±	±	±	(kg/m ²)	
± ^a	±	±		
±	± ^a	±		(P< /)
±	±	±	(kcal)	()
±	±	±		
±	±	±	(gr)	(% /)
±	±	±		(%)
±	±	±	(gr)	()
±	±	±		
±	±	±	(gr)	LDL-C
±	±	±		
±	±	±	(gr)	()
±	±	±		HDL-C
±	±	±	(gr)	E
±	±	±	(gr)MUFA	
±	±	±		
±	±	±	(gr)PUFA	() (P< /)
±	±	±		HDL-C
±	±	±	(mg)	(%)
±	±	±		
±	±	±	E	E
±	±	±	(mg)	(%) /
±	±	±		
:			a	HDL-C
			P< /	/
				()



HDL ()
 SR-BI
 HDL
 HDL
 apoAI (reverse cholesterol transport)
 apoAI ()
 HDL
 apoB100 HDL-C
 E () HDL
 E
 HDL-C
 apoB100 /
 ()
 Lp(a)
 E
 E
 Lp(a)
 LDL-C/HDL-C
 Lp(a)
 Lp(a) HDL-C
 apo AI
 E HDL-C
 Lp(a) Lp(a)
 ()
) Lp(a)
 apo AI
 (E
 (IL-6)

()

()

Lp(a)

()

Lp(a)

E

HDL-C

LDL-C/HDL-C

()

E

Lp(a)

HDL-C

)

LDL-C/HDL-C

Lp(a)

(

E

()

E

Shoji

E

(Niceritrol)

Lp(a)

Lepre

Tri-B3

()

Lp(a)

Goldberg

()...

(Niaspan)

()

Lp(a)

Lp(a)

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